



**IN-HOUSE ROASTED
BEANS FRESH**

**CHECK THE BOARD
FOR DAILY SPECIAL,
DIFFERENT ITEMS
EVERY DAY**

BREAKFAST

- EGG WHITE VEGETABLE SCRAMBLE *** **\$12.99**
Egg whites, zucchini, yellow squash, bell pepper and grilled asparagus. Served with sliced tomatoes & toast.
- AMERICAN BREAKFAST *** **\$12.50**
Two fried eggs with the choice of bacon, ham or sausage. Served with potatoes & toast.
Hold the meat **\$9.50**
- BREAKFAST CLUB *** **\$12.99**
Two fried eggs (over medium), bacon, tomato, grilled onion, spinach, mayo & mixed cheese. Served with potatoes.
- PHOENIX OMELETTE *** **\$12.99**
Eggs, tomato, avocado & mixed cheese. Served with potatoes & toast.
- EGG WHITE OMELETTE *** **\$14.50**
Egg whites, asparagus tips, spinach, corn and goat cheese. Served with fruits & toast.
- HIGH PROTEIN EGG WHITES SCRAMBLE*** **\$14.75**
Egg whites, mushrooms, fresh basil, parmesan & cream cheese. Served with tomato & toast.
- BUTTERMILK PANCAKES BREAKFAST *** **\$13.99**
Served with two eggs with choice of bacon, sausage or ham. Buttermilk pancakes only. **\$7.50**
- BANANA KAHLUA FRENCH TOAST** **\$15.50**
Challah bread topped with Kahlua glazed bananas.
- CHALLAH FRENCH TOAST BREAKFAST*** **\$15.75**
Served with two eggs and choice of bacon, sausage or ham.
- BREAKFAST BURRITO** **\$14.00**
Eggs, Bacon, Tomato & Mixed Cheese. Served with potato & Homemade salsa
- SMOKED SALMON SCRAMBLE** **\$16.00**
Scrambled eggs, smoked salmon, cream cheese & tomatoes on an everything bagel, served with fruit
- B&W SIGNATURE YOGURT PARFAIT** **\$10.00**
Vanilla, strawberry or plain yogurt mixed with fresh berries and granola
- CLASSIC BENEDICT *** **\$13.75**
Canadian bacon, two soft poached eggs with house hollandaise. Served with fruit.
- FLORENTINE BENEDICT *** **\$13.99**
Spinach, tomato, avocado, two soft poached eggs with house hollandaise. Served with fruits.
- NORWEGIAN BENEDICT *** **\$15.75**
Smoked salmon, two soft poached eggs, cucumber, tomato, red onion, capers , dill, cream cheese with house hollandaise. Served with fruits
- BELGIAN WAFFLES** **\$15.00**
Belgian waffles topped with powder sugar, whipped cream & fresh berries
Served with 2 eggs & bacon, sausage or ham
- IRISH OATMEAL** **\$8.00**
Steel cut oatmeal with mixed berries and choice of milk (brown sugar & raisins optional).

* Contains or may contain raw or undercooked ingredients

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of foodborne illness

ENTREE

SWEET' N STICKY PROK CHOPS \$28.00

Served with dirty rice and green beans

FILET MIGNOT \$36.00

8 Oz. Served with Jasmine rice and asparagus

TUSCAN RAGU PASTA \$26.00

Pappardelle Pasta in a red wine tomato sauce with sweet Italian sausage, pork and topped with Parmigiano Reggiano

B&W MUSHROOM BURGER \$15.00

Triple blend ground beef, portobello mushrooms, bacon, onion strings, arugula, gouda cheese, garlic aioli

VEGGIE BURGER \$15.00

veggie burger patty, arugula, mushrooms, aioli, garlic, tomatoes, cheese

SALADS

COBB SALAD \$14.99

Romaine lettuce, chicken, avocado, blue cheese, tomato, bacon, hardboiled egg & blue cheese dressing.

CALIFORNIA CHICKEN \$14.50

Mixed greens, chicken, candied walnuts, mandarin oranges, avocado & balsamic vinaigrette.

MEDITERRANEAN \$12.50

Mixed greens, red bell pepper, artichokes hearts, sun-dried tomatoes, Kalamata-olives, feta cheese & balsamic vinaigrette.

BBQ CHICKEN \$14.50

Romaine lettuce, chicken, corn, black beans, jack cheese, tortilla strips, limes, bbq sauce & ranch dressing

MIXED GREENS OR CAESAR SALAD \$7.50

* Contains or may contain raw or undercooked ingredients

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of foodborne illness

DRINKS

	12 OZ	24 OZ
CAPPUCCINO.....	\$3.50	\$4.00
FLAVORED LATTE	\$3.85	\$4.50
<i>(Vanilla/Coconut/Caramel/Chai/Mocha)</i>		
CAFFÉ LATTE.....	\$3.50	\$4.50
ESPRESSO MACCHIATO.....	\$2.65	\$3.35
AMERICANO.....	\$3.55	\$3.95
MOCHA LATTE	\$3.85	\$4.50
DIRTY CHAI	\$3.95	\$4.55
HOT CHOCOLATE	\$3.35	\$4.05
ESPRESSO.....	\$2.25	\$2.85
APPLE OR ORANGE JUICE.....		\$2.00
LEMONADE		\$2.00
DETOX WATER		\$2.00
WATER BOOTLE.....		\$2.50
ICED TEA (Chai).....		\$2.75
ICED COFEE.....		\$2.75

ALCOHOLIC BEVERAGES

MIMOSA	\$8.00
CORONA.....	\$6.00
BLUE MOON	\$6.00
HEINEKEN.....	\$6.00
COORS LIGHT.....	\$6.00
BOOZIE	\$8.00
WHITE CLAW HARD	\$6.50
<i>(LIME, CHERRY, RASPBERRY, GRAPEFRUIT)</i>	
WINE RED OR WHITE (GLASS 8OZ).....	\$10.00
	BOTTLE.....\$35.00
CHARDONNAY	
SAUVIGNON BLANC	
ZINFANDEL	
CABERNET	

**EVERY THURSDAY
50% OFF ANY WINE**

SANDWICHES

CHOICE OF SOURDOUGH, WHEAT, RYE OR CIABATTA
SIDE OF CHIPS OR COLESLAW

CHICKEN PESTO **\$12.99**

Marinated chicken breast, house made pesto, balsamic mixed greens, tomatoes, mayo and provolone.

SMOKED TURKEY **\$12.99**

Smoked turkey breast, avocado, sprouts, balsamic mixed greens, tomatoes, pickle, whole grain mustard, mayo, provolone.

CLUB **\$12.99**

Black forest ham, roasted turkey breast, Applewood smoked bacon, balsamic mixed greens, tomatoes, mayo and swiss cheese.

BLT **\$10.99**

*Bacon, lettuce, tomatoes with mayo.
Add avocado for \$2.*

VEGETERIAN **\$8.50**

Fresh tomato, avocado, cucumber, red bell peppers, mixed greens, humus and provolone cheese

CROISSANT CHICKEN SALAD **\$9.50**

Served with potato chips

CROISSANT TUNA SALAD **\$9.50**

Served with potato chips

SALADS

COBB SALAD **\$14.99**

Romaine lettuce, chicken, avocado, blue cheese, tomato, bacon, hardboiled egg & blue cheese dressing.

CALIFORNIA CHICKEN **\$14.50**

Mixed greens, chicken, candied walnuts, mandarin oranges, avocado & balsamic vinaigrette.

MEDITERRANEAN **\$12.50**

Mixed greens, red bell pepper, artichokes hearts, sun-dried tomatoes, Kalamata-olives, feta cheese & balsamic vinaigrette.

BBQ CHICKEN **\$14.50**

Romaine lettuce, chicken, corn, black beans, jack cheese, tortillas strips, limes, bbq sauce & ranch dressing

MIXED GREENS OR CAESAR SALAD **\$7.50**

SOUPS

SOUP OF THE DAY **\$5.00**

Tuesday-Friday

* Contains or may contain raw or undercooked ingredients

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of foodborne illness



OPENING HOURS

MONDAY CLOSED

TUESDAY 7AM - 2PM

WEDNESDAY 7AM - 2PM

THURSDAY 7AM- 2PM

5PM - 9PM

FRIDAY 7AM- 2PM

5PM - 9PM

SATURDAY 7AM- 2PM

5PM - 9PM

SUNDAY 7AM- 2PM

BRUNCH